



## 6.10 Oral health

The setting provides care for children and promotes health through promoting oral health and hygiene, encouraging healthy eating, healthy snacks and tooth brushing.

- Fresh drinking water is available at all times and easily accessible.
- Sugary drinks are not served.
- Only water and milk are served with morning and afternoon snacks.
- Children are offered healthy nutritious snacks with no added sugar.
- Parents are encouraged to follow our Packed lunch, healthy eating policy.
- Toothbrushing is not part of the Pre-School daily routine.
- Activities linked to healthy eating and teeth cleaning form part of our curriculum.
- Parents are asked if their child has a dentist on their registration form and we encourage parents to register with one if they aren't already.

### **Pacifiers/dummies**

- Pacifiers and dummies are not permitted at Pre-School inline with our Dummy Policy.

This policy was adopted by	Goostrey Pre-School	<i>(name of provider)</i>
On	17 <sup>th</sup> April 2022	<i>(date)</i>
Date to be reviewed	April 2023	<i>(date)</i>
Written by	Nicola Ellershaw	
Approved by	Anne-Louise Warren	
Role	Chairperson	